

January 2005

The MayBel

Mayfair Bel-Aire Community Association

Upcoming Events:

- GLENMORE INTERCHANGE OPEN HOUSE:
Proposed Public Art and Retaining Walls
February 8th, 2005, 5-8pm
Christopher Robin School
- An Evening with Neighbours,
Saturday March 5th, 2005

highlights:

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Mayfair/Bel-Aire Winter Festival

ATCO Gas

at Malibou Park



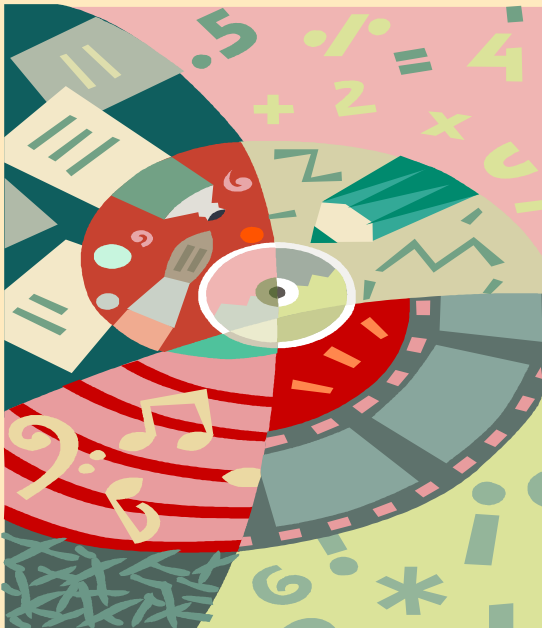
Sunday January 30th, 2005

1pm – 4pm

Fun for the whole family!!!

**Hot dogs, hot chocolate, skating, face painting,
snow soccer and more**

If you are available to help with setup, cooking, etc. please contact
Natalie Shields at 253-0795.



RSVP by Feb 20th to Odile 253-8086

An Invitation

The Mayfair/Bel-Aire Community Association

invites you to spend

AN EVENING WITH YOUR NEIGHBOURS

hosted by

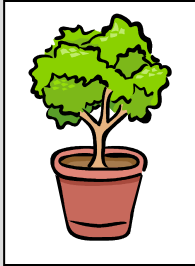
*Doug and Norma Jean MacRae
15 Medford Place*

Saturday, March 5th, 2005

*Drinks and hors d'oeuvres
7:30 pm*

*\$35 per person
Dress: casual elegant*

For those who are musically inclined, the MacRae's will have their music room open. Please feel free to bring an instrument and take part in an impromptu 'jam session'.



HORTICULTURALIST REQUIRED:

Have you completed the Master Gardener Program? Are you interested in developing a plan to beautify our community with plants and trees?

If so, you are the person we are looking for to join our gardening team as part of the Beautification and Branding Committee.

Please contact Allison at 253-7928 for more information.



The St. Andrew Scout Group says "THANK-YOU" to the community for your support of the recent Christmas Tree pickup and Bottle Drive.

Volunteer Positions Available

We are seeking individuals to volunteer for the following positions:

Website Coordinator to maintain our website at www.maybel.org. This is a great opportunity for a student to apply their knowledge and add this to their resume!

Sports/Clubs Coordinator to update website and newsletter editors of neighbourhood sports teams schedules, sign-up dates, Scouting events, etc.

Casino Volunteers for the upcoming casino in the third quarter of 2005. Last year's casino raised over \$60,000 for the community. Contact Nora Bridge at 259-2826

Welcoming Committee: we would like someone to work with the board to send a welcome letter/package to new community members.

High School Student Community Volunteer Requirements: If you are a junior high school or high school student who has volunteer requirements, why don't you consider helping us out by leading children's activities at our community events? We need volunteers to help run the activities for the kids at Winter Festival, the Stampede Breakfast, and our annual Halloween Party.

Please contact Allison Sutton at 253-7928 or absutton@shaw.ca if you are interested in helping out in any of these positions.

New Neighbours?! Please let us know!

Please let one of the association board members know if you are new to the neighbourhood, or if you have a new

neighbour. The board of director's contact information is on the back page of this newsletter.

St. Andrew #118 Scouts

The youth, leaders and parents of the 118th Scout Group would like to extend a gigantic THANK-YOU to the community for their incredible support of our most recent fundraiser. Despite the very cold weather, our Christmas Tree Pick-up/Bottle Drive was an overwhelming success, and in fact was the most successful ever!!!! These much needed funds will help cover the cost of some very exciting programs and activities that are planned for the remainder of the Scouting year.

Our Beavers, Cubs and Scouts continue to

be busy and active. Winter camps, Area Toboggan Races and numerous outings are scheduled for the next weeks and it will be a fun and busy time for all sections.

New members and leaders are always welcome and we invite you to come and check us out.

Thanks again for your ongoing support of this valuable youth program in your community!

Tennis Courts Update

The board of directors is planning on installing a backboard inside the Tennis Courts this spring to allow individuals to play or practice on their own.

For more information, please contact Judy LeSourd at 255-1616 by February 28th, 2005.



Stay Heart Safe With Calgary EMS

In 2004 Calgary paramedics responded to nearly 8000 calls for cardiac emergencies. Do you know the signs and symptoms of a heart attack? Do you know what steps to take in the event you or someone you know experiences these symptoms? The greatest risk of death from heart attack lies in the FIRST TWO HOURS from the initial onset - knowing what to look for can be vital. February is heart month - take the time to be heart safe and learn how you can reduce the risk.

What to Look For:

A classic symptom of heart attack is chest pain or discomfort. It may be described as crushing, dull, a pressure, squeezing, vague discomfort or the sensation of something very heavy their chest. This may be accompanied with discomfort, which travels into the left shoulder or arm, as well as into the neck and jaw. These discomforts do not go away with rest and may be more vague in women.

Often accompanying the chest discomfort is difficulty breathing, sweating, nausea, dizziness and anxiety. Very commonly, people experience denial they may be

having a heart attack, which results in delays seeking medical treatment. Signs may be mild or severe, and any combination of these may be present. If you or someone you know is having these signs, call 9-1-1.

Paramedics are able to administer oxygen, start an intravenous, perform an electrocardiogram (ECG) and administer important medications in the early minutes of a heart attack. Paramedics can respond to your home quickly and safely to begin treating you immediately, before you get to the hospital. Early intervention in cardiac emergencies can make the difference between life and death. Don't guess - call EMS.

Risk factors such as high blood pressure, smoking, obesity, sedentary life style, high cholesterol, uncontrolled diabetes, gender, age and family history can all increase your risk of developing coronary artery disease. Do you know which factors you can control and how to decrease your risk?

Visit www.calgaryems.com for more heart safety information.



"The greatest risk of death from heart attack lies in the FIRST TWO HOURS from the initial onset - knowing what to look for can be vital."



YOUR paramedics...
YOUR ambulance service
...here for YOU
"Caring for the Community"

Calgary Health Region: Report to the Community Jan/05

Region Reduces Operating Deficit:

The Calgary Health Region is projecting its operating deficit to be half of what was forecast in September 2004. At that time, the deficit was projected to be \$59 million. That number has now been reduced to \$29.5 million.

Reasons for this include lower than expected costs for drugs and surgical supplies, delays in implementing certain programs because of recruitment competition, and cost savings in administration.

The Region will remain in a cash positive position at the end of the fiscal year. The CHR's operating budget for the current fiscal year is \$2.1 billion.

Foothills Emergency Department Increases Capacity:

As part of the Region's long term plan to increase capacity and access at its

hospitals, the Foothills Medical Centre opened 10 additional beds in its Emergency Department. Additional staff have also been hired to meet the increased patient needs that will follow from the additional capacity.

We are planning other capital initiatives to increase capacity to meet the needs of our growing population. Renovations and expansions to the Rockyview and the Peter Lougheed are planned over the next three years, we are in the planning stage of the new South Hospital, and the new Alberta Children's Hospital will be completed in 2006.

Health Link Celebrates Second Anniversary:

Calgary Health Link recently celebrated its second anniversary providing Calgary and southern Alberta with professional advice and health information from nurses 24 hours a day, seven days a week.

-You can call Health Link at 943-LINK (5465), or 1-800-408-5465 in rural areas.



calgary health region

*Did You Know?.....
since the Health Link service began in the fall of 2002, nurses have fielded over 650,000 calls from people with questions ranging from concerns about colds and flu to signs of stroke, heart attack or even more complex conditions.
943-LINK (5465)*



Christopher Robin School

Ongoing enrollment for age three to Grade Three. Contact Ms. Payne 252-6063 for a brochure or come for a tour

Alexander Calhoun Library Update

Our address: 3223 14 St SW
Telephone 221-2010

Toddler Storytime
Register starting Jan 11, 2005
THURS Jan. 27 – Mar. 3,
10:15 – 10:35am
Ages 2 to 3 with parent/caregiver

Preschool Storytime
WED Jan. 26 – Mar. 2, 2:15 – 2:45
Ages 3 to 5

Mom Management
Tracy Lyn Moland, bestselling author of Mom Management, international speaker and popular media guest, applies the principals of "taking care of me in the midst of we".
WED Feb. 9, 7:00 – 8:00 pm

Baby and You
FRI Jan. 28 – Feb. 25, 10:15 a.m. – 12:15 p.m.
Register by calling 781-1450

Introduction to E-mail
WED Feb. 16 10:00-11:30 a.m
Introduction to the Internet – Part 1
WED Feb. 2, Mar. 2 or Apr. 6, 10:00 – 11:30 a.m.

Introduction to Microsoft Word
WED Feb. 23, 10:00 – 11:30 a.m.

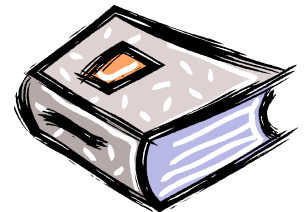
Internet: Beyond the Basics Part 2, Feb Feb. 9, 10:00 - 11:30 a.m.

Cyber Seniors Computer Class
FRI Feb. 4 – 25
Register in person or call 221-2010 starting Jan. 13

Adult Book Club
2, Feb. 9, 10:00 – 11:30 a.m.
Register in person or call 221-2010 starting Jan. 13

Family Storytime
MON Jan. 24 – Mar. 7,
10:15 – 10:45 a.m.
Ages 2 to 5 with a parent/caregiver

Drop-in Family Storytime
SUN Jan. 16 – Apr. 24, 1:00 – 1:30
Ages 2 to 5 with a parent/caregiver



Community Classifieds:

Are you looking for someone to house-sit or rent your home for six months starting May 1, 2005? Please call Caryl (your Mayfair/BelAire neighbour!) at 252-4338.

LOST: boys skates with red laces at Malibou Park Rink. Call Steven @ 259-5519

For Sale: 70" round dining table and 4 chairs. Glass table top, iron base. Sue or Paul 262-2419

Babysitter List:
Sandy MacDonell would like to put together a list of available babysitters in the community. If you are interested in having your name and phone number available for Mayfair/Bel-Aire families, please contact Sandy MacDonnell at 229-1991 or email at sandy.macdonell@telus.net. Also, if you are a family looking for a babysitter, please call or email Sandy.



The Calgary Region Community Board for Persons with Developmental Disabilities

Will be holding a **SCHOOL RESOURCE FAIR**

Thursday Feb 24th, 2005
5pm-8pm, free admission
Ernest Manning High School
3600 16th Ave SW
Calgary

For more information: 297-5011 OR www.pdd.org

Update from the City: Barry Erskine



Right now there are angels among us. Every winter hundreds of regular Calgarians become snow angels and adopt a senior's sidewalk and keep it clear. More information on Calgary's Snow Angel program are available at 268-2489. Calgary's seniors need extra help in the winter keeping their sidewalks shoveled and ice free... and safe! So please, be a snow angel and ensure that everyone can safely get out and enjoy winter!

Did you know that Calgary's senior (65+) population in 2001 was 76,768 of whom an estimated 90% (or 69,091) were living independently in the community? This is a large portion of our community that is impacted by snow and ice.

For some Calgarians, a winter stroll may result in dangerous falls and slips due to the ice lying underneath un-cleared sidewalks. Other people may cut their walk short due to frustration with struggling through deep snow left on some sidewalks. Whether the situation is hazardous or just simply annoying, both can be avoided.

Not only is it neighbourly to clear the walks, but there are also bylaws regarding the removal of snow and ice. According to City Bylaws, property owners are responsible for removing snow and ice from sidewalks adjacent to their property within 24 hours after the snow has stopped falling. Under Street Bylaw 20M88, the owner or occupant of any private property adjacent to a sidewalk is deemed responsible for the removal of ice and snow from that portion of the sidewalk within 24 hours after the ice or snow has been deposited.

Calgary streets are plowed and sanded on a priority basis. In the event of a snowfall, sand, salt, or both is generally applied for snowfall amounts less than five centimetres. Plowing is initiated after accumulations of five centimetres. Snow removal commences when plowed snow impedes traffic in the Central Business District and on major arterial roadways. Highest priorities are assigned to arterial roadways and major collectors with traffic volumes exceeding 10,000 vehicles per day, designated emergency routes and known trouble spots. Next, in order of priority, are collectors and bus routes, school and playground zones, stop/yield signs, and designated hills and curves. The use of sand or salt is dependent on temperatures and weather conditions. For more detailed information regarding winter maintenance of Calgary roadways, please visit <http://www.calgary.ca> and click on the City Transportation link.

As always, should you wish to provide comment on this, or any other issue, please feel free to contact my office at 268-2430 or berskine@calgary.ca



Update from the Province

International Interest in Alberta's Learning System

Several countries around the world, including China, Hong Kong, the Republic of Ireland, the United States and Thailand have expressed interest in Alberta's curriculum. In the past year groups of educators and delegations have visited Alberta to study our education system first hand. Visiting delegations included China, Japan, Korea, Spain, Saxony, Australia, Malaysia, Ukraine and Hungary.

The success of our world-class education system can be attributed to a number of factors including dedicated students, outstanding teachers, the centralized, high quality curriculum that outlines what students are expected to learn and be able to do in all subjects and grades, an effective assessment program, and an equitable funding framework, which balances flexibility with accountability.

Alberta students continue to achieve excellent results on international tests, sharing the highest scores in the world in reading, mathematics, science and problem solving.

Please visit the Education website at www.education.gov.ab.ca to find out more about curriculum and resources. The site offers a section for parents with information to help them understand what their children learn in kindergarten through to senior high school. The site offers handbooks for parents, which outline course content for each grade and/or subject area in the curriculum.

Please continue to let my office know your views on this or any subject, and Best Wishes for a Happy New Year!

Honourable Ralph Klein, MLA Calgary Elbow
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Fax 252-0520
Email Calgary.Elbow@assembly.ab.ca



GE 5 – Glenmore Trail / Elbow Drive / 5 Street SW Interchange Project

-City of Calgary

The City of Calgary Transportation Project Office (TPO) would like to take this opportunity to provide a project update to communities surrounding the GE 5 Project.

Site Clearing

Over the course of the past year, local residents certainly have seen many changes to the landscape in the surrounding area. As the City gained possession of residential and business properties, work began on either relocating them or demolishing them and removing the materials.

Almost all of the homes have now been removed along Moorgate Place. The remaining properties will be removed in early 2005. The two service stations ceased operations several months ago and buildings and fuel tanks are being removed and sites are being cleaned up.

The most notable of the demolitions is the Milton Williams School. Once the City received possession of the property, an extensive asbestos abatement program was undertaken. Following removal of all hazardous materials, the buildings were demolished and removed from the site.

Utility Relocation

Another noticeable activity has been the horizontal directional drilling project that began at the end of October. It is necessary to relocate both Telus and Atco Gas facilities located under Elbow Drive and 5th Street. Both utilities would be impacted in their current location once construction begins to lower Glenmore Trail.

The contractor performing the drilling for the openings is out of Madison, Wisconsin. The size of the opening required to house the utilities is 1.1 meter (3.5 feet) in diameter for Telus services and 0.5 meter (20 inches) for Atco. The deepest point in the tunnels will be about 12 meters (40 feet) below existing Glenmore Trail and the tunnel is 210 meters (690 feet) long.

Following the diversion of the utilities away from Elbow Drive and 5th Street, Telus crews will be working in manholes, both north and south of Glenmore Trail along Elbow Drive. Two small detours have been constructed to provide room for Telus vehicles in the left hand lane, adjacent to the manholes.

Detour Construction

Construction of the Glenmore Trail detour will start in the spring of 2005. Traffic will be diverted to the detour in the fall of 2005, when construction will begin on Glenmore Tr.

Project information

Information is updated regularly on the TPO web site at:
www.calgarytpo.com

Work is currently being finalized on the construction schedule. However, at this time it is evident, that the Glenmore Trail detour will have to be closed at certain times, to allow construction crews full access to the site. Such closures would occur between 9 PM and 6 AM the following day, when the Glenmore Trail detour would reopen to other traffic.

Approximately 600,000 cubic meters of dirt will have to be removed from the area. In the interest of safety for both motorists and construction workers, it would be best if trucks are allowed to come into and out of the site over several hours to remove the materials, in the absence of other vehicles. Traffic will be diverted to other major roads on the city's network.

Community Traffic

A key issue for the surrounding communities in relation to the GE 5 construction project is the increased potential for short cutting traffic wanting to avoid the construction area. Currently, TPO and city staff are meeting with community representatives to develop traffic management plans for the duration of the project. Community members interested in participating can contact their community association.

Public Consultation

Adjacent communities and business representatives have been involved in the Glenmore Trail Public Consultation Program since 2001. Currently, the Stakeholders Representative Committee (SRC) representatives for your community are: Mark Smith & Bruce Williams (www.maybel.org). If you have questions or concerns related to the project, you can contact your representatives, or Gale Simpson, Communications Consultant for the TPO (PH: 974-3149 or gsimpson@calgarytpo.com).

Project information

Information is updated regularly on the TPO web site at:
www.calgarytpo.com

Minutes from Mayfair/Bel-Aire AGM

The Annual General Meeting for the Mayfair/Bel-Aire Community Association was held November 24th, 2004. The minutes for this meeting are available on our website at www.maybel.org.

To receive a copy of the minutes please contact Sue Homik: sphomik@telusplanet.net or Caryl Brunet: 252-4338

Helping Seniors Become Crime-Proofed

Calgary Police Service

Senior Citizens often find themselves targeted by criminals, who think that they're "soft targets". But they don't need to be. The Calgary Police Service can help Seniors Crime-Proof their lives and Property, as well as avoiding being victimized by scammers and other lawbreakers.

The Calgary Police Service has a Seniors Liaison Office, which works with Calgarians aged 60 and older to help them resolve crime related and personal safety issues. For more information call 206-8311, or check out our website at www.calgarypolice.ca

Another valuable tool to consider is the Seniors Police and Community Telephone System (Seniors' PACT), a free, automated phone service that notifies you of crimes that specifically target seniors in Calgary. Once registered, PACT will phone you between 9am and 9pm; it can even leave a message on your answering machine when you aren't home. Call 645-2900 to subscribe to PACT, and state that you are senior.



Bruce Williams

Update from the Mayfair/Bel-Aire Interchange Committee

Representatives from the Mayfair/Bel-Aire Glenmore Interchange Committee attended a meeting of the Stakeholders Representative Committee (SRC) held on January 11, 2005 to receive an update on the GE 5 Interchange project. The committee's update is below:

The project is basically on schedule with the remaining houses on Moorcroft to be removed in the next two months. The drilling for the new fiber optic tunnels under Glenmore is completed and Telus will now begin to move and splice the cable with a projected fall completion target. There was some concern expressed by the Mayfair/Bel-Aire representatives about the dangers for motorists leaving Malibou Rd and going north on Elbow due to the poor sightlines caused by the concrete barriers preventing a clear view on oncoming traffic on Elbow. The City agreed to investigate this concern. We also understand that the city is investigating acquiring Phil's restaurant on Glenmore.

Considerable concern was expressed by various representatives about some of the perceived amendments to the existing plan indicated during the meeting. For example, the City is planning to reserve a larger portion of land than previously indicated to be used on any future 14th Street interchange project. We will need to clarify exactly how much land will be removed from the proposed reserve and the justification for this increase. In addition the consulting engineers introduced the preliminary plans for the sound attenuation barriers protecting our community from the traffic noise on Glenmore, based on sound studies conducted at various locations earlier in the year. These plans were based on a city standard limiting noise level not to exceed 65 db. It was pointed out to the planners that a commitment was given in earlier discussions that the noise level for Malibou residents would not exceed current levels which are about 58 db. The projected height of the sound barriers would range

from 1.8 meters near the Elbow /Glenmore interchange to 4.2 meters where Glenmore raises to current grade near the present pedestrian walkover. Pictures of various sound attenuation walls currently being used throughout Calgary were circulated as examples of what might be installed when the project is completed. As the Mayor had previously indicated that the most modern sound barriers possible would be used to reduce the noise of the increasing traffic load on Glenmore, there was some disappointment about what was being proposed as most of the proposed walls were simply grey or colored cement panels. Requests were made to the planners to review their proposals to determine what it would take to further reduce projected noise levels in the community from current plans.

Examples of the proposed public art decorating the retaining walls along Glenmore were also circulated and can be viewed at the open house on February 8th from 5 to 8 pm at Christopher Robin School. Landscaping proposals for the public land along the sound barrier were also presented and will be available for viewing at the open house. Results of the sound level studies plotted on a community map will also be available

All residents of Mayfair/Bel-Aire are encouraged to attend the open house and provide any comments to the planning officials in attendance at the meeting. We would also appreciate you contacting our community's representatives on the GE5 committee and advising them of your concerns so we can ensure they are recognized and answered.

GLENMORE INTERCHANGE OPEN HOUSE:

Proposed Public Art/Retaining Walls
February 8th, 2005, 5-8pm
Christopher Robin School



Mayfair Bel-Aire Community Association

We welcome your input!
For submissions please contact
Newsletter Editor:
Sue Homik
262-2419
or
sphomik@telusplanet.net

We're on the Web!
See us at:
www.maybel.org

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252-4338
- Susan Rubin
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- Dan Baxter
640-0562
- Bruce Williams
212-0760
- Kathy Benham
259-3844
- Odile Sargeant
253-8086
- Adam Hedayat
607-8379

Message from the MBCA President:

There are reminders all over the globe and in our own city that continually shed light on the fact that we live in a fantastic country, city and community – we just buy a lot more warm clothes than others. WE HAVE IT PRETTY GOOD.

Thank you to all our neighbors who donated their time and effort over the last year to increase our value of *community*. Special thanks to our past board and contributing members: **Mark Smith, Hervé Boscher, Karen Clark, Janet Smith, Andy Fisher, Eleanor Pidgeon, Diana Ibbotson and Joan Gauthier.**

The new 2005 MBCA team had its first meeting last week. What a great group of individuals to work with. Our aim is to have lots of community members volunteering on small projects as we all lead busy lives. One of the areas we will be looking into is how to offer and receive more input from our 10 – 18 year old community members. Please let me know if you have any thoughts on this.

We will be working closely with our Beautification and Branding Committee as they begin the execution stage. Glenn Huber and team gave a great presentation of their strategic plan at the AGM. In the next few months they will be focusing on initiating a plan for both Front Entrance Gates and other long term plans. Please come and talk to me at the February 8th open house regarding the sound attenuation barriers and the proposed landscaping plans for the same area. We want to represent your opinions to the city planners.

- Allison Sutton

Mayfair/Bel-Aire Community Association

President	Allison Sutton	Sports/Clubs	open
Vice President	Natalie Shields	Seniors/History	George Milne
Treasurer	Susan Rubin	Membership	Kathy Benham
Secretary	Caryl Brunet	Events	Odile Sargent
City Planning	Dan Baxter	Website	open
Interchange	Mark Smith/Bruce Williams	Tennis	Judy LeSourd
Research	Adam Hedayat	Casino	Deanie Petrunia
Signs	Jackie Achtymichuk	Email	Jessica Abt
Street Captains	Jackie Taylor (Bel-Aire) Natalie Shields (Mayfair)	Welcoming	open
Beautification & Branding	Glenn Huber	Mayfair Park	open
Skating Rink	Louis Stack	Christopher Robin	Lynda Kiinsella
Newsletter	Sue Homik	Babysitters:	Sandy MacDonnell
		Art	Margaret Sundstrum